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For Immediate Release

**Southwestern Behavioral Healthcare, Inc. Wins  
“Most Spirited Water Station” Award for the Second Year in a Row**

(Evansville, IN – November 25, 2009) Southwestern Behavioral Healthcare, Inc. (Southwestern) is proud to announce that it has once again won the YMCA Half Marathon’s “Most Spirited Water Station” Award.

In 2008, the YMCA began its “Most Spirited Water Station” contest as a way to recognize the hard work of all the individuals and organizations that run their 11 water stations each year.

“Water stations provide critical support to our runners and walkers on the course, not only providing hydration but also encouragement and entertainment. Southwestern has gone above and beyond in tirelessly ramping up their station each year by adding volunteers, entertaining gimmicks and great music!” said Derrick Stewart, CEO, YMCA of Southwestern Indiana.

Since the 2005 YMCA Half Marathon, Southwestern employees and their family members have excitedly prepared for the water station festivities. Each year employees begin arriving as early as 5:30 a.m. to set up tables, fill water cups, fire up a grill to serve breakfast to all the volunteers and prepare for the first runner to come through the water station, which is located at approximately mile eight of the 13.1 mile course.

On Monday, November 30, 2009 at 1:00 p.m. the YMCA will present Southwestern and its water station volunteers once again with the traveling trophy and a check. The awards presentation will take place at Southwestern’s Spear Building located at 415 Mulberry Street, Evansville. The money Southwestern receives for winning the award will be used to fund programs that support individuals with mental illness and addiction disorders.

“The half marathon is not only exciting, but a great way to give back to our community and show our support of this important event in our community. We believe in wellness of the whole self, which the YMCA strives to achieve through this event. Since 1971 Southwestern has been caring for our community by providing quality mental health and addiction services to individuals in need. This is event is another great way for us to show our community how much we care,” said John K. Browning, President/CEO, Southwestern Healthcare, Inc.

For more information about the award presentation, please contact Rebecca R. Glines at [glinesb@southwestern.org](mailto:glinesb@southwestern.org) or 812.436.4221. The media is encouraged to attend the awards presentation.

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